

# CARDIOLOGY GRAND ROUNDS

 Endeavor Health<sup>SM</sup>

 **MIDWEST**  
CARDIOVASCULAR INSTITUTE

## *Evidence-Based Updates to Common Cardiology Questions*



Wednesday, June 5, 2024

12:00 - 1:00 PM

EMH Oak Room

*Webex option available at registration*

Presented by:  
**Anish Amin, MD**

### Overview

According to the American Heart Association, from 2017 to 2020, 63.1 million U.S. adults, or 25.5%, had high LDL cholesterol levels (130 mg/dL or higher). Because high cholesterol is prevalent, it's crucial for providers to know the optimal cholesterol targets for patients with coronary artery disease to prevent illness and death. This cardiology grand rounds have been developed by a team of multidisciplinary healthcare professionals to give all providers the latest evidence-based updates to common cardiology questions. The lecture will discuss important cardiac tests used to evaluate risk before surgery, including EKG, echocardiogram, and non-invasive stress testing.



### Learning Objectives

*At the conclusion of this activity, participants will be able to:*

1. Recall risk factors for adverse perioperative cardiac events based on the American College of Cardiology (ACC) and American Heart Association (AHA) guidelines.
2. Describe low-density lipoprotein (LDL) goals for primary and secondary prevention of coronary artery disease (CAD).
3. Utilize blood pressure goals for patients diagnosed with coronary artery disease (CAD) to develop tailored management strategies.

**Registration required to claim CME credits.**

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